

**Schedule of Health Benefits
Lighthouse Plan
Effective June 1, 2020**

LOCAL TREATMENT AND SERVICES

Health Insurance Act Benefits – HI

As specified under The Health Insurance Act 1970 and its regulations, orders and rules

Supplementary In-Hospital Benefits – SH (Your Medical Insurance Card will show SH if you have this benefit)

Ancillary Hospital Services	Bermuda Hospitals Board Fee Schedule
Surgical, Obstetrical, Anaesthetic, Diagnostic and Medical Care	Bermuda Fee Schedule
Ground Ambulance to Home	As specified under The Health Insurance Act
Chronic Disease Management Programme	80%, \$2,880 maximum per policy year
Medical Alarm Device	80%, \$200 maximum per policy year

Preventive and Diagnostic Benefits – PD (Your Medical Insurance Card will show PD if you have this benefit)

Asthmatic, Audiologic, Allergy & Chronic Obstructive Pulmonary Disease (COPD) Counselling	
- Initial Consultation	\$160 - 1 per policy year for each type of service
- Subsequent Visits	\$65
- Combined Maximum	\$1,100 per policy year
Medical Nutritional Therapy (Provider must be a registered Dietitian approved by Argus)	
- Initial Consultation	\$160 - 1 per policy year
- Subsequent - Individual Visit	\$65
- Subsequent - Group Session	\$35
- Combined Maximum	\$1,395 per policy year
Weight Loss Management Programme (Programme & provider must be pre-approved by Argus)	\$127 - 26 visits per policy year
Diabetes Prevention Programme (Programme & provider must be pre-approved by Argus)	
- Group Session	\$30 - 12 sessions per policy year
Diabetes Reversal Programme (Programme & provider must be pre-approved by Argus)	
- Initial Programme	\$4,650, 1 per lifetime
- Maintenance Programme (following completion of initial)	
- Office Visit with Physician	\$125 - 2 visits per policy year
- Group Session	\$35 - 2 sessions per policy year
Annual Foot Exam For persons with type I or II diabetes or diabetic neuropathy	\$150 - maximum 1 examination per policy year
Allergy Testing	Our Fee Schedule, \$600 per lifetime
Allergy Injections	\$20 - per injection and serum combined

Local Treatment & Services...continued

Annual Health Exam	Maximum 1 examination per policy year
- General Practitioner	\$325
- Paediatric (2-18 years)	\$195
Annual Specialist/Gynaecologist Exam (all ages)	\$325 - maximum 1 examination per policy year
Routine Diagnostic Testing in conjunction with Annual Exams	Bermuda Fee Schedule
Well-Baby Routine Health Examination (under 2 years)	\$107
Annual Eye Exam	\$115 - maximum 1 examination per policy year
Routine Diagnostic Testing in conjunction with Annual Eye Exam (Provider must be approved by the Bermuda Health Council)	\$200 per policy year
Immunisations and Injections	\$30 - per injection
Diagnostic Services in Private Testing Facilities	Bermuda Fee Schedule
- Includes Genetic Testing and Sleep Studies (These services must be pre-certified by Argus)	

Home and Office Medical Benefits – HO (Your Medical Insurance Card will show HO if you have this benefit)

General Practitioner	- Office Visit	\$125
	- Home Visit	\$170
Specialist	- Consultation	\$315 - 5 per policy year
	- Office Visit	\$125
Telemedicine	- Office Visit	\$125
(Services must be pre-certified by Argus)		
In-Office Medical/Surgical Treatment		Bermuda Fee Schedule
Physical Medicine and Supplementary Therapies:		
Manipulations, Speech Therapy, Chiropractic, Osteopathy		
- Individual Visit		\$75
Physical & Occupational Therapy/TENS		
- Individual Visit		\$75
- Group Session		\$35
Combined Maximum, all Services		\$3,600 per policy year
Chiropody/Podiatry		\$75 - 12 visits per policy year
Behavioural Therapies for Autism Spectrum & Attention Deficit Disorders		Individual and family applied behavioural therapies 100% of billed charges, \$2,500 per policy year
(Services must be pre-certified by Argus)		
Complementary Alternative Therapies:		\$70 - \$600 combined maximum per policy year
Massage (inclusive of Reflexology)		
(Provider must be approved by the Bermuda Massage Therapy Association)		
Acupuncture		
Naturopathic Doctors		
(Provider must be approved by Argus)		

Local Treatment & Services...continued

Psychiatrist Visit	\$190
Clinical Psychologist/Group Therapy Session	\$140
Counselling Services	
- Individual Visit	\$100
- Group Session	\$45
Smoking Cessation Counselling	
- Individual Visit	\$100
- Group Session	\$45
Combined Maximum, all Services	\$5,500 per policy year
Sclerotherapy	Bermuda Fee Schedule, \$1,000 per policy year
Lymphedema Treatment	\$110 - 28 visits per policy year

OVERSEAS TREATMENT AND SERVICES

Major Medical Benefits – MM (Your Medical Insurance Card will show MM if you have this benefit)

Eligible Expenses are payable at a percentage of the lesser of Usual and Customary Charges, claim amounts reduced by the Argus claims editing process or Discounted Rates.

Maximum benefit for Active Employees, Dependents other than
Dependent Children noted below and eligible Retirees

Unlimited

Dependent Children age 19 and under age 26 who are not full-
time students

Unlimited per one 12-month period

Emergency Treatment: Insured must call Argus within 48 hours in order to receive 100% coinsurance; otherwise, benefits are payable at 80%

All Other Treatment not specified below: Insured must call Argus in advance and treatment must be pre-certified by Argus and obtained within the Argus Network in order to receive 100% coinsurance; otherwise, benefits are payable at 80%

Neonatal Treatment Congenital Birth Defects & High-Risk Pregnancy: Charges related to neonatal, congenital birth defects and high-risk pregnancy will only be payable at 100% if they are pre-certified by Argus and treatment is obtained within the Argus Canada Network; otherwise, benefits are payable at 80%

Spinal Treatment: Charges related to spinal care, services and treatment will only be payable at 100% if they are pre-certified by Argus and obtained within the Argus Spinal Care Network; otherwise, benefits are payable at 50%. Spinal care, services and treatment are subject to a mandatory second opinion review.

Paediatric Assessment of Autism Spectrum & Attention Deficit Disorders: Charges related to paediatric assessment of autism spectrum and attention deficit disorders will only be payable at 100% if they are pre-certified by Argus and obtained within the Argus Preferred Provider Network; otherwise, benefits are payable at 80%

Specialty Prescription Drugs: Physician and facility charges related to the administration of specialty prescription drugs will only be payable at 100% if they are tier one drugs, pre-certified by Argus and obtained within the Argus Specialty Prescription Drug Network; otherwise, benefits are payable at 50%

Psychiatric Disorders & Substance Abuse Disorders: Charges related to psychiatric and substance abuse disorders will only be payable at 100% if they are pre-certified by Argus and obtained within the Argus Psychiatric & Substance Abuse Disorders Network; otherwise, benefits are payable at 80%

Overseas Treatment & Services...continued

The following services are payable at a percentage of the lesser of Usual & Customary charges, claim amounts reduced by the Argus claims editing process or Discounted Rates, and must be pre-certified by Argus in order to receive maximum reimbursement:

Inpatient Care	Semi-private accommodation
Intensive Care, Outpatient and Emergency Care	Unlimited
Surgical, Obstetrical, Anaesthetic, Diagnostic and Medical Care	Unlimited
Physician Services – Home or Office Visit	Unlimited
Rehabilitation / Skilled Nursing Facility	Semi-private up to 60 days per policy year
Home Health Care	Unlimited
Transplant Services	Unlimited
Psychiatric & Substance Abuse Disorders:	Must be pre-certified by Argus in order to be eligible and receive maximum reimbursement
<i>Inpatient Care</i>	Unlimited
<i>Psychiatric Professional Services</i>	Unlimited

Airfare and accommodation are only eligible for Psychiatric & Substance Abuse services, Emergency Treatment and treatment which is not available in Bermuda and must be pre-certified by Argus in order to be eligible:

Commercial Economy Airfare** (Excludes preferred/priority seating and baggage fees)	\$35,000 combined maximum per policy year
Hotel or Rental Accommodation**	

- In the Argus Preferred Provider, Argus Canada, Argus Spinal Care, Argus Specialty Prescription Drug and Argus Psychiatric & Substance Abuse Disorders Networks:

- Insured Person or Insured Person and Approved Travelling Companion*	\$300 per day
- Without Hotel or Rental Accommodation	50% of above amount

- All other facilities and providers:

- Insured Person or Insured Person and Approved Travelling Companion*	\$200 per day
- Without Hotel or Rental Accommodation	50% of above amounts

* Benefits for one travelling companion are approved for one episode of care in the following circumstances: When the Insured Person is a minor Dependent Child, or has surgery or mental incapacity or otherwise requires a travelling companion due to medical necessity, subject to medical documentation and pre-approval by Argus

The following services must be pre-certified by Argus in order to be eligible:

Ground Ambulance and Air Ambulance	Unlimited (if Medically Necessary)
Air Ambulance Return to Bermuda	Unlimited (if Medically Necessary)
Behavioural Therapies for Autism Spectrum & Attention Deficit Disorders	Individual and family applied behavioural therapies 100% of billed charges, \$2,500 maximum per policy year
Genetic Testing	Unlimited

Overseas Treatment & Services...continued

Telemedicine Office Visit	Unlimited
Repatriation of remains (inclusive of cremation)	Unlimited for return of remains or ashes

The following services are payable at 100% of the lesser of Usual and Customary charges, claim amounts reduced by the Argus claims editing process or Discounted Rates. Airfare and accommodation do not apply to these services, consultations and second opinions. Pre-certification of these services is not required.

Annual Health Exam and related Diagnostic Testing	\$2,000 per policy year
Physical Medicine and Supplementary Therapies (Nutritional/Diabetic, Asthmatic, Audiologic and Allergy Counselling Services, Well-baby Care, Immunisations and Injections, Allergy Testing, Annual Eye Exam, Physical and Occupational Therapy, Chiropractic, Osteopathy, Chiropody, Podiatry, Speech Therapy)	\$3,360 combined maximum per policy year
Complementary Alternative Therapies (Massage and Acupuncture)	\$350 combined maximum per policy year

WORLDWIDE TREATMENT AND SERVICES

Supplementary Miscellaneous Benefits – MISC (Your Medical Insurance Card will show MISC if you have this benefit)

Hearing Aids, Surgical Support Hose, Surgical Brassieres, Wigs, Orthotics	80%, \$4,000 combined maximum every 5 policy years
Prosthetic Devices and Appliances	80%, \$25,000 maximum per lifetime
Durable Medical Equipment, Accidental Dental Services and Cardiac Rehabilitation/Exercise Programme, Medical/Surgical Supplies	80% of Usual and Customary Charges

Prescription Drug Benefit – RX (Your Medical Insurance Card will show RX if you have this benefit)

Drugs, Birth Control, Medicines and Sera available only by prescription.	100% for generic drugs 80% for brand name drugs
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Specialty Prescription Drug Benefit – RX (Your Medical Insurance Card will show RX if you have this benefit)

Specialty Prescription Drugs (Must be pre-certified by Argus) (High cost drugs, biologic and biosimilar drugs and specialty drugs approved by Argus to treat complex or chronic medical conditions)	100% for tier one drugs 50% for tier two drugs
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Vision Care Benefits – VC (Your Medical Insurance Card will show VC if you have this benefit)

Prescription Eye Glasses or Contact Lenses	\$400 per policy year payable at 100%
Elective Surgical Treatment for Vision Correction	\$2,000 per lifetime payable at 100%

Worldwide Treatment & Services...continued

Dental Benefit Summary – DE (Your Medical Insurance Card will show DE if you have this benefit)

Benefits are payable in accordance with the Bermuda Dental Fee Schedule. Amounts charged by a provider which exceed the scheduled amounts are your responsibility.

Please obtain a pre-estimate of benefits from your dentist prior to undergoing extensive dental procedures.

Basic Dental Services (DE01):

Preventive and Diagnostic	100% of Fee Schedule	Policy Year: Unlimited	Lifetime: Unlimited
Exams, Consultations, Polishing, Scaling or Root Planing, Fluoride	100% of Fee Schedule	Policy Year: \$1,400	Lifetime: Unlimited
Surgical and Minor Restorative	100% of Fee Schedule	Policy Year: Unlimited	Lifetime: Unlimited
Endodontics	100% of Fee Schedule	Policy Year: Unlimited	Lifetime: Unlimited
Periodontics	50% of Fee Schedule	Policy Year: \$2,000	Lifetime: Unlimited

<i>Major Restorative Services (DE02)</i>	50% or 80% of Fee Schedule	Policy Year: \$5,000	Lifetime: Unlimited
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Orthodontic Services (DE03) *Only Insured Persons up to age 19 are covered*

	50% of Fee Schedule	Policy Year: N/A	Lifetime: \$4,000
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**Airfare and accommodation do not apply to Worldwide Treatment and Services

Your Medical Insurance Card will determine your benefits. Please check your card to confirm which benefits are covered under your employer's Group Health Plan.

Benefits explained in this booklet provide a brief summary of your employer's Group Health Plan and are subject to limitations and policy maximums. Full terms and conditions of your plan are provided in the Master Policy issued to your employer.

Argus Customer Service Centre 298-0888

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